

## **CURRICULUM VITAE**

**Paul P. Vessa, M.D.**

### **BUSINESS ADDRESS**

1993-present  
Somerset Orthopedic Associates, P.A.  
1081 U.S. Route 22 West  
Bridgewater, New Jersey 08807  
908-722-0822

1993-present  
New Jersey Spine Institute (satellite of Somerset Orthopedic Associates)  
Bedminster Medical Plaza  
One Robertson Drive, Suite 11  
Bedminster, New Jersey 07921

### **EDUCATION**

1980  
Lafayette College, Easton, Pennsylvania  
A.B. Biology

1985  
Rutgers Medical School  
Camden, New Jersey  
M.D.

### **INTERNSHIP**

1985-87  
New York University-Bellevue Medical Center  
New York, New York  
Internship (General Surgery)

1987-88  
University of Medicine and Dentistry of New Jersey  
Newark, New Jersey  
Internship (General Surgery)

### **RESIDENCY**

1988-92  
University of Medicine and Dentistry of New Jersey  
Newark, New Jersey and its affiliated hospitals  
Orthopedic Surgery Residency

## **FELLOWSHIP**

1992-93

San Francisco Combined Spine Surgery Fellowship  
Seton Medical Center, Daly City, California  
St. Mary's Spine Center, San Francisco, California  
Arthur White, M.D.

## **BOARD CERTIFICATION**

July 13, 1995

American Board of Orthopaedic Surgery

## **MEDICAL LICENSURE**

State of New Jersey (MA50285) July 1987

State of California (GO725548) September 1991

State of South Carolina (016969) September 1993

## **MEDICAL SPECIALTY**

1985-present

Orthopedic Surgery

1993-present

Subspecialty – Spine Surgery

## **PROFESSIONAL AFFILIATIONS**

1994-present Member, New Jersey Medical Society

1994-present Member, Somerset County Medical Society

1997-present Fellow, American Academy of Orthopaedic Surgeons

1994-present Member, New Jersey Spine Society

1984-present Member, New Jersey Orthopaedic Society

1996-present Member, North American Spine Society

1998-present International Spinal Injection Society

1/18/2002 Charter Member, Spine Arthroplasty Society

2003-present Member, American College of Spine Surgeons

## **STAFF APPOINTMENTS**

1993-present  
Active Staff Physician  
Somerset Medical Center  
Somerville, New Jersey

1994-present  
Associate Attending Department of Orthopaedics  
University Hospital, (UMDNJ), Newark, New Jersey

1996-present  
Active Staff Physician, Somerset Surgical Center  
Bridgewater, New Jersey

1996-present  
Associate Staff, Department of Orthopedics  
Morristown Memorial Hospital  
Morristown, New Jersey

1997-present  
Consulting Staff, Hackettstown Community Hospital  
Hackettstown, New Jersey

1999-present  
Medical Associate, Department of Orthopedics  
Hackensack University Medical Center  
Hackensack, New Jersey

## **FACULTY APPOINTMENTS**

1994-present  
Assistant Clinical Professor/Courtesy Faculty  
New Jersey Medical School – UMDNJ  
Newark, New Jersey

1996-present  
Clinical Instructor  
Somerset Family Practice Residency Program  
Somerset Medical Center  
Somerville, New Jersey

## MEETING PRESENTATIONS

May 1992

*“Internal Disc Derangements: The Results of Surgical Treatment By Disc Excision and Posterior Lumbar Interbody Fusion”*

International Society for Study of the Lumbar Spine  
Chicago, Illinois

July 1992

*“Internal Disc Derangements: The Results of Surgical Treatment By Disc Excision and Posterior Lumbar Interbody Fusion”*

North American Spine Society  
Boston, Massachusetts

February 1993

*“Chronic Failed Back Syndrome: The Results of Surgical Treatment By Disc Excision and Posterior Lumbar Interbody Fusion”*

Submitted for presentation to American Academy of Orthopaedic Surgeons

July 1999

*“Discography for Failed Lumbar Interbody Fusions”*

Association of Spine Surgeons  
Santa Fe, New Mexico

November, 1999

1. *“Discussant, Low Back Pain Grand Rounds”*

2. *“Interbody Fusions of the Lumbar Spine”*

Southern Medical Association 93<sup>rd</sup> Annual Scientific Assembly  
Dallas, Texas

November 9-11, 2001

Session SP5 Spine/Trauma, *“Cervical Spine Update”*

Southern Medical Association 95<sup>th</sup> Annual Scientific Assembly  
Nashville, Tennessee

2002

*“Multicenter Randomized Prospective Trial for Treatment of Lumbar Neurogenic Claudication with an Interspinous Device: One Year Results”*

Hsu, K., Zucherman, J., Hartjen, C., Mehalic, T., Implicito, D., Martin, M., Johnson, D., Skidmore, G., Vessa, P., Dwyer, J., Puccio, S., Cauthen, J., Ozuna, R.

International Society for the Study of the Lumbar spine  
Cleveland, Ohio

International Meeting on Advanced Spine Techniques  
Montreux, Switzerland

## MEETING PRESENTATIONS

2002

*“Treatment of Lumbar Spinal Stenosis with an Interspinous Spacer”*

Hsu, K., Zucherman, J., Hartjen, C., Mehalic, T., Implicito, D., Martin, M., Johnson, D., Skidmore, G., Vessa, P., Dwyer, J., Puccio, S., Cauthen, J., Ozuna, R.

North American Spine Society

Montreal Canada

Eurospine

Nantes, France

AANS/CNS Section: Spine & Peripheral Nerves

Orlando, Florida

2003

*“Symptom Severity Outcomes in Lumbar Stenosis Patients Treated with the X STOP Interspinous Process Spacer and Non-operative Treatment”*

Hsu, K., Zucherman, J., Hartjen, C., Mehalic, T., Implicito, D., Martin, M., Johnson, D., Skidmore, G., Vessa, P., Dwyer, J., Puccio, S., Cauthen, J., Ozuna, R.

International Meeting of Advanced Spine Techniques

Rome, Italy

Spine Across the Sea

Maui, Hawaii

2003

*“The Quality of Life of Lumbar Spinal Stenosis Patients Treated with the X STOP Interspinous Spacer”*

Hsu, K., Zucherman, J., Hartjen, C., Mehalic, T., Implicito, D., Martin, M., Johnson, D., Skidmore, G., Vessa, P., Dwyer, J., Puccio, S., Cauthen, J., Ozuna, R.

International Meeting of Advanced Spine Techniques

Rome, Italy

2003

*“Changes in Physical Function Scores in Lumbar Spinal Stenosis Patients Treated with the X STOP Interspinous Implant”*

Hsu, K., Zucherman, J., Hartjen, C., Mehalic, T., Implicito, D., Martin, M., Johnson, D., Skidmore, G., Vessa, P., Dwyer, J., Puccio, S., Cauthen, J., Ozuna, R.

International Meeting of Advanced Spine Techniques

Rome, Italy

2003

*“The X STOP Interspinous Implant Improves Physical Function in Lumbar Spinal Stenosis Patients”*

Hsu, K., Zucherman, J., Hartjen, C., Mehalic, T., Implicito, D., Martin, M., Johnson, D., Skidmore, G., Vessa, P., Dwyer, J., Puccio, S., Cauthen, J., Ozuna, R.

Spine Across the Sea

Maui, Hawaii

Study of the Lumbar Spine

Vancouver, Canada

## MEETING PRESENTATIONS

2003

*“The Effect of an Interspinous Implant on Quality of Life as Determined by the SF-36 Questionnaire”*

Hsu, K., Zucherman, J., Hartjen, C., Mehalic, T., Implicito, D., Martin, M., Johnson, D., Skidmore, G., Vessa, P., Dwyer, J., Puccio, S., Cauthen, J., Ozuna, R.  
Spine Arthroplasty Society  
Phoenix, Arizona

2003

*“A Prospective Randomized Multicenter Study for the Treatment of Lumbar Spinal Stenosis with the X STOP Interspinous Spacer”*

Hsu, K., Zucherman, J., Hartjen, C., Mehalic, T., Implicito, D., Martin, M., Johnson, D., Skidmore, G., Vessa, P., Dwyer, J., Puccio, S., Cauthen, J., Ozuna, R.  
World Spine  
Chicago, Illinois

## BIBLIOGRAPHIES OF PUBLICATIONS

### JOURNALS

Lee, Casey K., Vessa, Paul P., Lee, June K, *“Chronic Disabling Low Back Pain Syndrome caused by Internal Disc Derangements. The Results of Disc Excision and Posterior Lumbar Interbody Fusion”*, Spine, Vol 20, No. 3, pp 356-361, J.B. Lippincott Company, February 1995.

Hsu, K., Zucherman, J., Hartjen, C., Mehalic, T., Implicito, D., Martin, M., Johnson, D., Skidmore, G., Vessa, P., Dwyer, J., Puccio, S., Cauthen, J., Ozuna, R. *“The Quality of Life of Lumbar Stenosis Patients Treated with the X STOP Interspinous Spacer”*. The Spine Journal. Submitted for publication 2003.

Hsu, K., Zucherman, J., Hartjen, C., Mehalic, T., Implicito, D., Martin, M., Johnson, D., Skidmore, G., Vessa, P., Dwyer, J., Puccio, S., Cauthen, J., Ozuna, R. *“A Prospective Randomized Multicenter Study for the Treatment of Lumbar Spinal Stenosis with the X STOP/E Interspinous Spacer: One-year Results”*. Euro Spine Journal. 2003.

### BOOKS AND OTHER MONOGRAPHS

Vessa, Paul P., Spine Care, Diagnosis and Conservative Treatment, Vol. 2, Chapter 57, *“Wrestling”*, PG 762-770, Mosby, St. Louis, 1995.

## **Addendum**

Dr. Vessa also practices at

Spine Surgery Associates  
P.O. Box 323  
Pluckemin, NJ

Spine Surgery Associates  
280 Newton Sparta Road  
Newton, NJ

Spine Surgery Associates  
350 Sparta Road  
Sparta, NJ